



# The DOF Foundation

## Pathway Mentoring Program

### **The goal of the Pathway Mentoring program is to:**

Prepare, nurture and guide mentee to successfully matriculate into medical school

### **Responsibilities of the Mentor include:**

Review mentee's CV, application and screening form and all other relevant documents

Share your CV with the mentor

Motivate and encourage mentee to reach full academic potential

Support the interest and engagement of the mentee in health care knowledge and processes

Advice and guide the mentee with regards to college applications, interviews & selection

Be available and provide wise counsel to mentee regarding college life, class selections, study habits and balance

Support strategies to include mentee in community service, scholarly activities, and leadership programs

Assist mentee regarding standardized exams such as AT, MCAT process, college application, AMCAS application, personal statements, secondaries, and mock interviews

Flag issues, if necessary, reach out to the Pathway administrators for help

If OK with mentee, ask about and discuss school/social/family balance

Celebrate and share the success of the mentee

At least once monthly meeting (by phone, skype or other media or in person) through high school and college

### **The Responsibilities of the Mentee are:**

Commit to spending the necessary time and energy to benefit from mentoring

Attend all required meetings and functions

Be respectful and appreciative

Be honest, communicative and be responsive in a timely manner

Create agendas or items to be discussed with mentor at meetings

### **Procedure:**

Both parties have a clear understanding of what they expect from each other

Determine frequency, duration, time, and process of future meetings & communications

Both mentee and mentor should agree to one primary goal to be achieved by 12 months of mentoring

At least once monthly communication

A short report should be written at each meeting summarizing the agreed upon action list. The mentor may write the summary or may instruct the mentee to do so. This should be filed in the mentees confidential file.

Agree on confidentiality and no-fault termination.